

Excited Delirium Exercise

Scenario 1:

You are dispatched to a call of a suspicious person running through the neighborhood smashing windows. The reporting party says the 320-pound male is currently in the middle of the street, yelling nonsense. Once you arrive on scene, you observe the half naked subject wandering about and randomly striking out at people and objects; he is obviously not in his right mind. You begin giving him orders to stop, but he is oblivious to your commands and keeps walking down the street.

Excited Delirium Exercise

Scenario 2:

At 10:30 p.m., you respond to a report of a burglary attempt at the Presidio Veterinary Hospital at Sutter and Lyon streets. As you approach the scene, you observe a suspect fleeing. You attempt to stop the suspect, but he runs into his apartment. Once backup arrives, you are able to coax him outside. He seems confused and can't organize his thoughts in a coherent manner. The subject begins to argue with you and becomes physically aggressive. A struggle ensues. Additional units are called due to the subject's unbelievable strength and bizarre behavior, including biting, hitting and spitting at officers on scene.

Excited Delirium Exercise

Scenario 3:

The mother of 23-year-old Jose Romero calls police and advises that her son is high on cocaine, is running around the house with a knife. When you arrive you locate the subject standing on his neighbor's porch in his underwear, screaming gibberish and waving a large kitchen knife. You try to convince Jose to put the knife down, but he clearly has no idea you're even talking to him. You draw your weapon and move toward him. The man responds violently, hysterically, jabbing the knife at you. With six officers working together, you are finally able to restrain him and get him on the ground, but he's still thrashing around with what seems like superhuman strength. Once handcuffed, the subject calms down. A couple of seconds later you he's not breathing.

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Scenario 4:

You and two other officers are dispatched to a residence that you have responded to two times earlier this week because of their 23 year old son has been off his medication for his bipolar disorder. This third call is in response his parents call reporting that he has broken furniture and has been increasingly violent and paranoid. They want him removed from the premises and committed to the hospital. In prior contacts he has been lucid although somewhat paranoid and not quite fully rational. In the past he denied a desire to harm himself or others. When you contact him, just inside the doorway of his house, you note he has a knife in his back pocket. During your initial contact (while you're attempting to out flank him) he quickly turns is sprayed by your partner and runs to the basement area where you know that the mother has locked herself in a room for her own safety.

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Scenario 5:

You are dispatched to a light industrial area in response to a complaint of an individual that will not leave a music studio. The RP's are waiting outside of the "studio" and describe the individual as "crazy " and that he will not leave because he "knows the devil is in the room" and that their music is part of the problem. Upon contact you see a man who appears to be in his late 40's early 50's and is speaking to himself and occasionally to "God" and holding a sharp pencil in his right hand. He is able to carry on a lucid conversation. He is uncooperative and makes it very clear he is unwilling to leave the premises. You are able to note that he is breathing rapidly despite his fairly "calm" demeanor. The weather is unusually hot and humid.

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Scenario 6:

You respond to a disturbance call in a trailer park to a wild man breaking windows with a large branch (dispatch had no further information). You and the reserve officer arrive simultaneously and find a half naked man on his knees waving a stick in the air and speaking loudly and incoherently. (You note that there are several broken windows with glass on the ground and the suspect has blood on his knee area.) He is sweating profusely and is thin for his size.